



SUNDAY 30th JANUARY 2022

SERVICES ARE AT 11 AM & 6 PM (online & in-person).

Minister: **Rev Angus MacRae**. (01463) 832616; Mobile: 07506 006459; Email: angusmacrae1967@gmail.com.

Women's Pastoral Worker: **Carrie Marlow**.
carrie.marlow@freenorthchurch.org or 07583 498782.

WELCOME TO THE FREE NORTH CHURCH, BANK STREET, INVERNESS

Welcome, especially if you are with us for the first time or are taking time to explore the Christian faith. We offer courses, small groups and resources to help new people finding their way in the Christian faith. In our services we usually stand for our praise songs and sit for other items of worship. We follow Scottish Government guidance to protect public health. Please use a face covering indoors, unless exempt, and avoid crowding or blocking exits. Visit our YouTube channel for live online worship and to listen again at home: www.youtube.com/c/FreeNorthChurchInverness.

MORNING ORDER OF SERVICE – 30th JANUARY 2022

CALL TO WORSHIP (FROM ISAIAH 33:2,22)

*Lord, be gracious to us; we long for you.
Be our strength every morning, our salvation in time of distress.
For the Lord is our judge, the Lord is our lawgiver,
the Lord is our king; it is he who will save us.*

PRAISE: PSALM 100(1):1-5

All people that on earth do dwell,
Sing to the LORD with cheerful voice.
Him serve with mirth, his praise forth tell,
Come ye before him and rejoice.

Know that the LORD is God indeed;
Without our aid he did us make:
We are his flock, he doth us feed,
And for his sheep he doth us take.

O enter then his gates with praise,
Approach with joy his courts unto:
Praise, laud, and bless his name always,
For it is seemly so to do.

For why? the LORD our God is good,
His mercy is for ever sure;
His truth at all times firmly stood,
And shall from age to age endure.

(LM) - The Scottish Psalter of 1650.

PRAYER, TALK TO CHILDREN & LORD'S PRAYER

SONG: KING OF KINGS, MAJESTY

King of Kings, Majesty
God of heaven living in me
Gentle Saviour, closest friend,
Strong deliverer, Beginning and end;
All within me falls At Your throne.

Your majesty, I can but bow,

*I lay my all before You now.
In royal robes I don't deserve,
I live to serve Your majesty.*

Earth and heaven worship You,
Love eternal, faithful and true;
Who bought the nations, Ransomed souls,

**Brought this sinner near to Your throne.
All within me cries out in praise.**

*Words & Music Jarrod Cooper © 1996 Sovereign
Lifestyle Music.*

UPDATE ON WOMENS' MINISTRY

BIBLE READING: PSALM 145 (NIV)

A psalm of praise. Of David.

¹ I will exalt you, my God the King;
I will praise your name for ever and ever.

² Every day I will praise you
and extol your name for ever and ever.

³ Great is the Lord and most worthy of praise;
his greatness no one can fathom.

⁴ One generation commends your works to
another;
they tell of your mighty acts.

⁵ They speak of the glorious splendour of your
majesty—

and I will meditate on your wonderful works.

⁶ They tell of the power of your awesome
works—

and I will proclaim your great deeds.

⁷ They celebrate your abundant goodness
and joyfully sing of your righteousness.

⁸ The Lord is gracious and compassionate,
slow to anger and rich in love.

⁹ The Lord is good to all;
he has compassion on all he has made.

¹⁰ All your works praise you, Lord;
your faithful people extol you.

¹¹ They tell of the glory of your kingdom
and speak of your might,

¹² so that all people may know of your mighty
acts

and the glorious splendour of your kingdom.

¹³ Your kingdom is an everlasting kingdom,
and your dominion endures through all
generations.

The Lord is trustworthy in all he promises
and faithful in all he does.

¹⁴ The Lord upholds all who fall
and lifts up all who are bowed down.

¹⁵ The eyes of all look to you,
and you give them their food at the proper
time.

¹⁶ You open your hand
and satisfy the desires of every living thing.

¹⁷ The Lord is righteous in all his ways
and faithful in all he does.

¹⁸ The Lord is near to all who call on him,
to all who call on him in truth.

¹⁹ He fulfils the desires of those who fear him;
he hears their cry and saves them.

²⁰ The Lord watches over all who love him,
but all the wicked he will destroy.

²¹ My mouth will speak in praise of the Lord.
Let every creature praise his holy name
for ever and ever.

PRAISE: JESUS SHALL REIGN

**Jesus shall reign where'er the sun
does his successive journeys run;
his kingdom stretch from shore to
shore,
till moons shall wax and wane no more.**

**To him shall endless prayer be made
and princes throng to crown his head;
his name like incense sweet shall rise
with every morning sacrifice.**

**People and realms of every tongue
dwell on his love with sweetest song;
and infant voices shall proclaim
their early blessings on his name.**

**Blessings abound where Jesus reigns:
the prisoner leaps to lose his chains,
the weary find eternal rest
and all who suffer want are blessed.**

**Where he displays his healing power
there Eden's curse prevails no more;
in him the tribes of Adam boast
more blessings than their father lost.**

**Let every creature rise and bring
distinctive honours to our King,
angels descend with songs again
and earth repeat the long 'Amen!'**

*Words: Isaac Watts (1674-1748), based on Psalm 72.
Arranged by Praise Trust © 2000*

MORNING SERMON OUTLINE – PSALMS CORAM DEO
PSALM 145 – A LIFE OF AWE IN GOD'S PRESENCE.

- 1). THE LORD IS GREAT - AWE CORAM DEO.
- 2). THE LORD IS GOOD - INTIMACY CORAM DEO.
- 3). THE LORD IS NEAR - AWE & INTIMACY CORAM DEO..

PRAISE: PSALM 145(2):17-21 (LM)

The LORD is just in his ways all,
And holy in his works each one.
He's near to all that on him call,
Who call in truth on him alone.

God will the just desire fulfil
Of such as do him fear and dread:
Their cry regard, and hear he will,
And save them in the time of need.

The LORD preserves all, more and less,
That bear to him a loving heart:
But workers all of wickedness
Destroy will he, and clean subvert.

Therefore my mouth and lips I'll frame
To speak the praises of the LORD:
To magnify his holy name
For ever let all flesh accord.

PRAYER & BENEDICTION

SUNDAY AT SIX – 6 PM ORDER OF SERVICE (live in-person & on YouTube).

HEBREWS 13:1-6 – KEEP GOING WITH JESUS.

- 1). Stay Loving. 2). Stay Living as Family. 3). Stay Faithful. 4). Stay Content.

Evening Praise: *10,000 Reasons; Sing Psalms 138:4-8; Sing Psalms 145:1-9.*

DIARY, NEWS & PRAYER

The government has lifted most Covid restrictions. From February we will resume in-person activities in homes and small groups and resume serving refreshments after Sunday services. We value coming together for friendship, fellowship and to share in worship and mutual support.

FCYC Youth Camps offer holidays filled with fun activities, great friendships and help to build strong disciples. Visit freechurchyouthcamps.org. Booking by the end of January is advised.

To subscribe to **The Record**, please contribute £24 by the end of January. Mark your contribution with your name as for "The Record" (in the offering box or via Paypal through our website).

EVENTS THIS WEEK

Monday: Presbytery meets on Zoom at 7 pm, linking leaders from over 20 churches in our region.

Wednesday: Join us in-person or on YouTube for Wednesday **Church Night at 7.30 pm**, with worship and prayer, and helping to equip us to reach out to our community in 2022.

Thursday: The **Hope Explored Course** is on Zoom (usual log-on codes) **from 7 - 8 pm**. Email angusmacrae1967@gmail.com for details of this or future courses exploring the Christian faith.

Saturday: Goodness Grief are holding a free coffee morning for Bereavement Support from 10 am in Culloden-Balloch Baptist Church. Local groups and charities supporting the event include Highland Hospice, Samaritans and Marie Curie. Grief is a journey, and many have found it hard to

access help and support during recent times. This event offers friendship and sources of support. The family of believers are also here to care for one another. Please do not struggle alone.

Saturday: The **Alex MacDonald Band** has released a new album, ***Hard as Nails***. The band are playing at **Dingwall Free Church** this Saturday 5th February at 7.30pm. Alex will be backed by Rob MacDonald (Drums), Phil Onslow (bass), Cailean Morison (keys), Donald Forsyth (lead guitar) and Olivia Ross (fiddle). You can book tickets at <https://www.eventbrite.co.uk/e/alex-macdonald-band-tickets-241850690927> or donate on entry. All profits go to Blythswood Care.

Our services **next Sunday** will be taken by two of our elders, Donnie MacLeod at 11 am and Chris MacLeod at 6 pm. Angus is taking a few days off, then he and Ann will be attending a Pastoral Refreshment Conference for ministry families being held in Cumbria.

UPCOMING EVENTS

The next Free North **Congregational Newsletter** will be issued next Sunday. If you have any items please send them to Murina Anderson (m.anderson100@btinternet.com) by lunchtime this Thursday, 3rd February.

The **Women's Bible Study** will resume on Tuesday 8th February at 10.30 am and 7.45 pm (venues to be confirmed). We'll be doing the final study in our series in *Revelation*, looking at the letter to the church in Laodicea in Revelation 3:14-22. We'll then be starting a series in *Genesis 1-11*. All welcome to join us, even if you've not been able to come along before. Future dates are 22nd Feb, 8th & 22nd March. Get in touch with Carrie for more details.

Women's Brunch, Saturday 12th February, 10-11.30am. An opportunity to gather together, enjoy fellowship, encourage one another and pray together as well as to enjoy some good food!

Guys Group: Men are welcome to the Guys Group. We plan to meet on Mondays at 7 pm on 21st Feb and 7th and 21st March to chat about the book *Disciplines of a Godly Man*.

We will celebrate **Communion** in February with a guest speaker, Rev Murdo Campbell from Barvas, who will lead a weekend of worship and teaching on Saturday 12th (7.30 pm) and Sunday 13th February (11 am, with communion, and 6 pm). If you are a new believer in Jesus or are new to the local congregation and would like to discuss your faith and come into church membership please contact the minister or any elder.

PRAYER

Our church is served by a team of elders and deacons, and by several associate deacons who are gaining experience of serving and leading in the church family. Pray that their work would be a joy and effective in equipping the whole church to live for Jesus. Ask God to give us many opportunities to share the good news of Jesus with our City.

This week we are thankful the Free North is one of the churches being prayed for by churches around Scotland. You can now sign up for regular prayer information from the Free Church, covering churches in Scotland and mission partners around the world. Sign up at: <https://freechurch.us6.list-manage.com/subscribe?u=bfe4fb815ef2db28dab25b8e1&id=c962f325af>.

SUPPORT

Staying in touch: Contact Angus, Carrie or any of the elders for pastoral support. Email office@freenorthchurch.org to request a weekly email update and to request Zoom log-on codes.

Giving: You can donate at our website (PayPal logo), in the offering plate, or directly to our "Free North Church" account (82-65-18, a/c 40246657). Enquiries to treasurer@freenorthchurch.org.