

# Free North Church Inverness Sunday 8<sup>th</sup> March 2020



## WELCOME!

The services today are taken by Rev John de la Haye.

We are always glad to have visitors at our services. Tea and coffee will be served in the hall after the morning and evening services. Do wait if you can.

We use the New International Version of the Bible and we sing the metrical psalms, Sing Scripture and Hymns (with musical accompaniment). These are projected on to the walls on either side of the pulpit. We stand to sing and sit to pray. If you wish to give an offering to the Lord's work, there are boxes at the front and side doors as you leave. The service lasts about an hour.

## Morning Service (11am)

### Praise

Guide me O thou Great Jehovah  
Sing Psalms 114  
Sing Psalms 15  
O God of Bethel

### Reading

*Exodus 18*

### Sermon Title

*"Sharing the Load"*

## Evening Service (5.30pm)

### Praise

Man of Sorrows  
Sing Psalms 13  
Psalm 118:16-25  
I will Sing the Wondrous Story

### Reading

*Philippians 4:4-9*  
*Mark 14:17-42*

### Sermon Title

*"Singing with Jesus"*

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## Today

We are pleased to have **Rev John de le Haye** taking our services today. John was the minister in Wick before retirement, and now lives in Dingwall. He is married to Jane.

**Prayer time** before the Sunday services at 10.30am and 5pm in the session room.

**Crèche** meets during the morning service, children and helpers leave after the second singing. Crèche will meet in the hall.

**Sunday School** meets today in the hall, with the young people leaving after the scripture reading.

The latest **Merkinch update** is available at the doors for collection.

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## This week

**Tumbletots** meet on Wednesday, 10am to 11.30am in the hall. Entry from Church Street.

**Home groups** meet on Wednesday at 7.30pm in various venues through the city. We continue our study on Daniel and we are on study 6, which looks at Daniel chapters 8 and 9. For more information, please speak to Sandy or Archie.

**Road to Recovery** meets in the fellowship area on Thursday at 7.30pm.

**The services next Sunday** will be taken by Mr Sandy Finlay.

## Other News

**Coronavirus** – Further to recent medical advice, we have taken the decision to avoid handshakes by the welcome team or minister for the meantime to minimise the risks of spreading any viruses. The way the **teas are served after the service** is going to change. This may slow things down, but we hop you'll understand as we try to minimise the risk of contamination for all. **Please don't enter the kitchen, unless it is necessary, and if you do, please wash your hands thoroughly before touching anything.** Jane and Barbara are assessing the risks and will make any changes necessary.

**New minister** – at a meeting of Presbytery on Monday 2<sup>nd</sup> March, the Rev Angus Macrae accepted the call from the Free North. Information about the induction will be given in the coming weeks. Please remember the Dingwall & Strathpeffer congregation as they enter a period of vacancy.

**TV link in the crèche** – Nesstec are due to be coming soon to connect the tv to the camera in the church, so the service can be seen in the crèche area. We are just waiting to hear when they are coming.

There will be a **congregational lunch, in aid of Tear Fund**, on Sunday 15<sup>th</sup> March. Please make a note of this and come along if you can. Contributions for Tear Fund can be made via the collection box marked appropriately. There are sheets in the kitchen to sign if you could provide a pan of soup and/or if you would like to help in the kitchen. Please speak to Barbara or Jane if you have any queries. Please note, that due to the coronavirus, the lunch may be cancelled. At present, it is still going ahead.

**Tuesday Lunch** – Please note that the March lunch has been cancelled in favour of the Tearfund Lunch on Sunday 15<sup>th</sup>.

**Annual General Meeting** will be on Wednesday 25<sup>th</sup> March at 7.30pm in the hall.

### Preaching Supply for March:-

8<sup>th</sup> John de la Haye

15<sup>th</sup> Sandy Finlay

22<sup>nd</sup> Aonghas Iain MacDonald

29<sup>th</sup> John Murdo MacDonald (AM) Alasdair Macleod (Smithton) (PM)

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### Rotas This Week

**DOOR:** John MacAulay, Mairi MacAulay, Alison Waite, **Iain Macleod** and Marian Mackintosh

**CRÉCHE:** Eilidh Macleod and Kirsten Macleod

**WEDNESDAY:** Home Groups

### Rotas Next Week

**DOOR:** John Macleod, Donald Mackenzie, Kathleen Campbell, Effie Finlay, **Willie Murray** and Alan Pettit

**CRÉCHE:** Alison Macleod and Effie Finlay

**WEDNESDAY:** Iain Macleod and John Macleod

## Notes

### HERE FOR THE FIRST TIME?

If you have recently started worshipping with us at the Free North or would just like to know a little bit more about Christianity, would like a pastoral visit or to attend one of our Home Groups, please speak to one of the Welcome Team after any of our services, or let us know your details below and leave it in the collection plate.

Name: \_\_\_\_\_

Phone or E-mail: \_\_\_\_\_

What is your request: \_\_\_\_\_

You can contact us by email at [info@freenorthchurch.org](mailto:info@freenorthchurch.org). Notices should be sent to [editor@freenorthchurch.org](mailto:editor@freenorthchurch.org)

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